

# gambling help line

## 1800 858 858

**Free call**  
confidential, 24 hours

### Queensland Gambling Help Services

Please note the services listed below only operate during business hours

**Gambling Help Brisbane – (07) 3423 6950**  
*Relationships Australia*

**Gambling Help Logan – (07) 3808 9235**  
*Relationships Australia*

**Gambling Help Gold Coast – (07) 5575 6122**  
*Relationships Australia*

**Gambling Help Ipswich – (07) 3281 8677**  
*Relationships Australia*

**Gambling Help Toowoomba &  
South West – (07) 4632 2615**  
*Lifeline Darling Downs & South West Qld*

**Gambling Help Caboolture &  
Redcliffe Peninsula – (07) 5428 6244**  
*Alcohol & Drug Foundation (Interlock)*

**Gambling Help Sunshine Coast – (07) 5492 7255**  
*Relationships Australia*

**Gambling Help Wide Bay & Burnett – (07) 4191 3100**  
*Lifeline Community Care – Fraser District*

**Gambling Help Longreach – (07) 4658 1855**  
*Relationships Australia*

**Gambling Help Bundaberg – (07) 4153 8400**  
*Lifeline Community Care – Fraser District*

**Gambling Help Rockhampton &  
Central Queensland – (07) 4926 9377**  
*Relationships Australia*

**Gambling Help Mackay &  
Whitsunday – (07) 4957 4542**  
*Relationships Australia*

**Gambling Help Townsville –  
(07) 4772 9000**  
*Centacare Townsville*

**Gambling Help Cairns – (07) 4050 4955**  
*Lifeline Cairns Region*

**Gambling Help Mt Isa – (07) 4743 4449**  
*Centacare Townsville*

**Moonyah Rehabilitation Service –  
(07) 3369 0922**  
*Salvation Army*

Don't forget there are other community services available:  
Gamblers Anonymous (24 Hours) 1800 002 210, and  
Lifeline (24 hours) 13 11 14