

# gambling help line

## 1800 222 050

**Free call**  
confidential, 24 hours

### Queensland Gambling Help Services

Please note the services listed below only operate during business hours

**Gambling Help Brisbane – (07) 3423 6950**

*Relationships Australia*

**Gambling Help Logan – (07) 3808 9235**

*Relationships Australia*

**Gambling Help Gold Coast – (07) 5575 6122**

*Relationships Australia*

**Gambling Help Ipswich – (07) 3281 8677**

*Relationships Australia*

**Gambling Help Toowoomba &**

**South West – (07) 4632 2615**

*Lifeline Darling Downs & South West Qld*

**Gambling Help Caboolture &**

**Redcliffe Peninsula – (07) 5428 6244**

*Alcohol & Drug Foundation (Interlock)*

**Gambling Help Sunshine Coast – (07) 5492 7255**

*Relationships Australia*

**Gambling Help Wide Bay & Burnett – (07) 4124 3839**

*Lifeline Community Care – Fraser District*

**Gambling Help Rockhampton &**

**Central Queensland – (07) 4926 9377**

*Relationships Australia*

**Gambling Help Mackay &**

**Whitsunday – (07) 4957 4542**

*Relationships Australia*

**Gambling Help Townsville –**

**(07) 4772 9000**

*Centacare Townsville*

**Gambling Help Cairns – (07) 4050 4955**

*Lifeline Cairns Region*

**Gambling Help Mt Isa – (07) 4743 4449**

*Centacare Townsville*

**Moonyah Rehabilitation Service –**

**(07) 3369 0922**

*Salvation Army*

*Don't forget there are other community services available:*

**Gamblers Anonymous (24 Hours) 1800 002 210, and**

**Lifeline (24 hours) 13 11 14**